

Resources • Resources • Resources

Books, Articles and Pamphlets:

Hope After Betrayal: Healing When Sexual Addiction Invades Your Marriage, by Meg Wilson
(Kregel Publications, 2007)

Treating Pornography Addiction: The Essential Tool for Recovery, by Ph.D. Kevin B. Skinner
(Growth Climate, 2005)

Out of the Shadows: Understanding Sexual Addiction, by Patrick Carnes
(1983, revised 2007)

Pure Manhood, by Jason Evert
(Catholic Answers, 2007)

Pure Womanhood, by Crystalina Evert
(Catholic Answers, 2005)

Man and Woman He Created Them: A Theology of the Body by Pope Paul II
(translated by Michael Waldstein 2006)

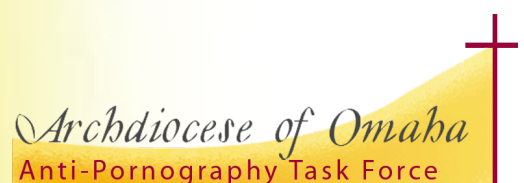
Theology of the Body Explained
(Christopher West 2007)

Marriage Partnership, Will We or Won't We... Who Holds the Real Power in Your Sex Life?, by Gary Thomas (<http://www.christiantoday.com> 2007)

“12 Ways to Overcome Pornography” handout from Catholic Answers.

<http://shop.catholic.com/cgi-local/SoftCart.exe/online-store/scstore/p-WA82535.html?E+scstore>

Illusions Program- pornography brochure, 16 pages, 4.75 x 4.75 brochures, sold in packs of 25 for \$12.50.
(http://www.illusionsprogram.net/shop/product_info.php?products_id=35&osCsid=69b49544b2eed45314898fbb3f0d71)



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Web Sites:

http://fatherhood.about.com/od/mensissues/a/break_addiction_4.htm

www.nationalcoalition.org (National Coalition for the Protection of Children and Families)

www.unityrestored.com (Catholic Website)

www.cpyu.org (Center for Parent/Youth Understanding)

www.netsmartz.org (Internet Safety website)

CD Sets:

Pure of Heart: Breaking Free from Porn, by Jason Evert

The Pornography Plague, by Jeff Cavins

Winning the Battle for Sexual Purity, by Christopher West

Filtering Programs:

Covenant Eyes www.covenanteyes.com (Accountability Software)

Safe Eyes www.safeeyes.com (Accountability Software)

Open DNS www.opendns.com

Local Help:

Omaha Sex and Love Addicts Anonymous (402) 573-6790

“CoStar” Center of Sexual Treatment and Recovery (402) 334-3044

“STARPRO” Sexual Treatment and Recovery Program (402) 334-4478

Boys Town Hotline 1-800-652-1999

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Confidential HelpLine of the National Coalition for the Protection of Children and Families

The Confidential HelpLine exists to respond to the needs of those who have been hurt by the impact of pornography. Callers include men and women who find themselves compulsively using pornography with negative impact on their lives, friends and family members, professionals and pastors seeking information and consultation. Issues include child sexual abuse, sexual compulsions or addiction, marital infidelity, Internet safety and information/referral.

Services provided through the Helpline:

- Crisis intervention counseling on the phone
- Assessment of caller's needs
- Referral to treatment resource in the caller's community
- Response to materials requests
- Education and consultation to pastors and counselors on how to help their clients/parishioners

Provides support and offers consultation, referrals, and education. Services are available Monday through Friday from 9 a.m. to 5 p.m. eastern time. Please call **(800) 583-2964**.

www.nationalcoalition.org

(National Coalition for the Protection of Children and Families)



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