

ST CLARE OF ASSISI

PATRONESS OF TELEVISION



One Christmas Eve, Clare was so sick that she could not get out of bed. Just then, the Lord gave her a miraculous vision to be able to see the mass from afar, as if it were taking place right in front of her. Thus in 1958, Pope Pius XII dedicated St Clare the patroness of the new invention, television, which in Greek means "vision from afar." Unfortunately, in regard to content, modern TV is the total opposite of what Clare saw in her vision from afar. TV promotes sin and self-indulgence through indecent content. Instead of holy poverty to gain spiritual riches, TV promotes mass consumption and greed, making us poor financially and spiritually. Instead of the fruitfulness of holy virginity, TV promotes the unfruitful fortification and lust of contraception, abortion, homosexuality and other perversions. Instead of Holy Obedience, TV glamorizes disobedience, even the disobedience of children towards their parents. TV is not intrinsically evil; however, a TV should be in the family room, monitored and set so that inappropriate content is not able to be viewed – including by adults. The same should be done with the Family computer(s).

Be aware of what you allow your eyes to see for what is entered into your eyes may enter into your heart.



"The lamp of the body is the eye. If your eye is [healthy], your whole body will be filled with light; but if your eye is bad, your whole body will be in darkness. And if the light in you is darkness, how great will the darkness be. (NAB) Matthew 6: 22-23



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Anti-Pornography Task Force

MHMG SUPPORT GROUPS

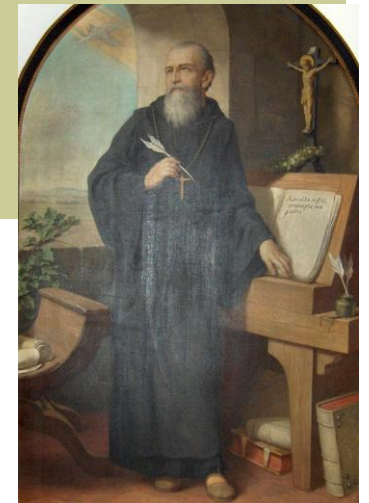
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My House Men's Group

Catholic Recovery & Support

Aiding Those Whose Relationships Have Been Affected by Pornography and Sexual Addiction



**MHMG SUPPORT GROUPS:
REACHING OUT TO
HEAL**

“Nothing so dispirits the demons as when their assaults are revealed. And nothing so heartens them as when their temptations are kept secret.”



Here is Help and Hope

The anchor represents hope, not only of resurrection but of solidity and permanence in a tempest tossed world. We must turn to our Lord Jesus and Saint Benedict in these moments of temptation and despair. We must begin to heal our pain and our open wounds. A wise person once said, “All you need to grow the finest crop of weed is a tiny crack in your sidewalk.

It is our hope that through programs such as this; the Catholic people of northeastern Nebraska will find a valuable resource for the protection of their families, an avenue of healing for those who have been harmed by pornography's destructive effects, a deepened understanding of the beauty of our sexuality and a recommitment to live the virtue of chastity consistent with our state of life as a single, married, religious or priest.

The Anti-Pornography Task Force

What the Group Provides:

The My House Men's Group provides a Catholic focus on prayer and recovery in every man's battle for sexual integrity. The world's view of sexuality has left many starving for truth, and our goal is to provide hope and encouragement for men who want freedom. We are not alone in this battle, and great progress can be made through standing together as men.

This is not solely a spiritual guidance group. This is a group focused on recovery with the spiritual aspect infused. We open up with real stories from men who are in the recovery groups. Names and identifying information have been removed to keep the stories anonymous, but we encourage you to begin by reading the stories. An outline provides the structure for our groups. The structure of these meetings has been influenced by the work of Christopher West, Dr. Douglas Weiss, Sexaholics Anonymous, and other Catholic teachings on sexual integrity. In addition to the structure developed for these groups, we read and discuss *The Good News about Sex and Marriage* by Christopher West 10 to 15 minutes of each meeting to provide a positive vision of what we are recovering to.

Whether you are married, single, divorced, or separated you are welcome and encouraged to join. You are **NOT** alone in this battle and there is a path to achieve true freedom and intimacy for you and your partner.

Why Should I Go to a Group?

Many men who find themselves in a life plagued by pornography often don't realize that their actions have a devastating impact on those around them; especially their significant other. It is only through the mutual support of a recovery group that we can find the safe place to become the men that those in our lives deserve.

The Group:

- Helps us to find a daily connection to God. Only in that connection can we find our true freedom from lust and deviance, and discover the gift of sexual integrity.
- Offers a sense of true accountability by offering true community and brotherhood.
- Provides daily recovery material essential to build a mental defense against temptation, and helps to reveal God's meaning and truth for sexuality.
- Draws on multiple sources to teach sexual purity and chastity; such as the Theology of the Body, Natural Family Planning and the Catechism of the Catholic Church.
- Provides a foundational, easy to follow 12 step approach to recovery that is familiar to many.
- Shows the path to true intimacy; Spiritual, Emotional and Physical. In addition it helps to restore an environment that can lead to the restoration of Trust in the members relationships.

