

**Called to Ministry.** This retreat-like session focuses on the adult as a person of faith. The session connects volunteer ministry to our baptismal call and our relationship with Jesus. Participants will reflect on God's call of Mary, and how they too are called to bear God into the world. This session offers insights into the ways that the adult Church can invite young people into a great relationship with God and their Catholic faith.

#### Certification Information

Presently certification levels for youth ministry are being developed. These will be similar to those of catechist certification. Courses taken in either Empowering Adults or Certify in Youth Ministry will be transferrable to catechist certification. All courses correspond to National Certification Standards and Competencies.

*"...the future of humanity lies in the hands of those who are strong enough to provide coming generations with reasons for living and hoping"*  
(*Gaudium et Spes no. 31*)

#### What is the fee?

\$5 per session

#### When are the workshops?

Workshops will be scheduled at various times and locations throughout the Archdiocese of Omaha

#### Can these workshops be scheduled nearer to my parish?

Yes! Any parish, parish cluster, or deanery interested in hosting these workshops should contact Rita Ramos at the Office of Evangelization and Catechesis. 402-554-8493 OR [rmramos@archomaha.org](mailto:rmramos@archomaha.org)

#### Upcoming Dates

##### Rural

*All sessions at St. Bonaventure Parish Center, Columbus  
6:30 pm-8:30 pm*

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|-----------------|--|
| <b>Sept. 26</b> | Navigating the Landscape of Youth Ministry |
| <b>Oct. 17</b>  | Learning with Youth                        |
| <b>Nov. 14</b>  | Serving with Youth                         |
| <b>Feb. 20</b>  | Praying with Youth                         |
| <b>March 19</b> | Building Community and Relating with Youth |
| <b>April 16</b> | Called to Ministry                         |

##### Omaha

*All sessions at St. Gerald's Parish Center, Ralston  
8:00 am-10:00 am*

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|----------------|--|
| <b>Oct. 1</b>  | Navigating the Landscape of Youth Ministry |
| <b>Oct. 29</b> | Learning with Youth                        |
| <b>Feb. 18</b> | Building Community and Relating with Youth |

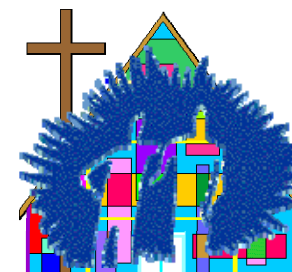
**"What is needed today is a Church which knows how to respond to the expectations of young people. Jesus wants to enter into dialogue with them and, through His body, which is the Church, to propose the possibility of a choice which will require a commitment of their lives. As Jesus with the disciples of Emmaus, so the Church must become today the traveling companion of young people..."**

*Pope John Paul II*



## EMPOWERING ADULTS

A training program for adult volunteers in all aspects of ministry with youth in grades 7-12.



*Designed for...*

...any adult presently or soon to be involved in any aspect of the Church's many ministries to middle school and high school youth. This includes youth ministry volunteers, catechists, chaperones, etc.

## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_

E-mail \_\_\_\_\_

Parish/School Name \_\_\_\_\_

Register me for the following workshops:

<u>Date</u>	<u>Place</u>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Amount Due: Total # of workshops chosen:  
\_\_\_\_\_ X \$5 = \_\_\_\_\_

\$ \_\_\_\_\_ Total Enclosed

### Payment Option:

\_\_\_\_\_ Payment enclosed

\_\_\_\_\_ Bill my Parish (Please provide address of parish)

## Office of Evangelization and Catechesis

Empowering Adults, Attn: Rita Ramos  
Box 4130  
Omaha, NE 68104  
402-554-8493  
402-554-8402 (FAX)  
rmramos@archomaha.org  
www.archomaha.org

## Overview

*Empowering Adults* is a training program in Catholic youth ministry and catechetical theory and practice. Sponsored by the Archdiocesan Office of Evangelization and Catechesis, Youth Ministry Department, the program provides participants with the basic information and skills needed to understand and work in catechetical and youth ministries with today's youth in grades 7-12. Through both theory and practical application, participants not only develop and/or improve their skills, but also expand their knowledge and awareness of Church teaching and their own faith journey. The program combines lectures, discussions, learning activities, prayer experiences, community-building exercises, and readings. *Empowering Adults* prepares adults to recognize and respond to the needs of youth and guide them in their understanding of and formation in the Catholic faith.

### What makes up the *Empowering Adults* program?

The program consists of the following six 2-hour workshops. Courses can be taken in any order, however, everyone is highly encouraged to sign up for *Navigating the Landscape of Youth Ministry* at some point because it is this foundational session that all the rest are built upon.

### What does *Empowering Adults* lead to?

Successful completion of the program is a great foundation for those who would like to further their formation in youth ministry through the Certificate in Youth Ministry program. Master Catechist Certification (Level 2) Competency standards may also be gained through attendance.

### Courses

*Navigating the Landscape of Youth Ministry* introduces participants to the faith life of today's teens and our Church's ministry to adolescents. Includes an overview of (1) the characteristics of millennial youth, (2) key findings from the *National Study on Youth and Religion*, and (3) *Renewing the Vision* (the U.S. Catholic Bishops' pastoral plan for youth ministry). This workshop concludes with an exploration of the significant roles that youth play in the life and mission of the faith community and the role of the faith community in helping youth uncover and share their gifts.

*Learning with Youth* provides essential guidelines and practices for youth programs that will help ensure their success. Participants will have the opportunity to work with the many components (timing, style, content and focus) that make up an effective program/session, learning new ways to structure events/learning sessions and plan for success. It will explore methods and processes for teaching and forming faith with this generation of youth in engaging and energizing ways. Participants will grow in their understanding of catechetical theory and discover new strategies for bringing the Good News to young people in ways that make sense to them.

*Serving with Youth* provides participants with a basic understanding of Catholic Social Teaching from which all service should flow. Participants will learn strategies and techniques for insuring meaningful service experiences for youth and gain insights into how to help youth talk about, learn from, and grow in faith through service.

*Praying with Youth* enables participants to design and lead effective prayer experiences with and for young people. Participants will (1) be introduced to various prayer forms and styles that can help them connect to moments in a young person's life, (2) learn how to infuse prayer into all aspects of youth and catechetical ministry and (3) be credible witnesses of an adult prayer life.

*Building Community and Relating with Youth* enables participants to understand the importance of building community both among young people and within the whole Christian community, and presents practical, hands-on skills for ensuring that groups are able to work well together. This workshop explores the steps necessary for youth to develop honest, respectful, and faithful relationships with each other and with adults, including guidelines for being present to youth and the value in creating good discipline within programs, activities or classrooms. Participants will gain insights and skills in group development, communication and listening, and effective discipline.