

Archdiocese of Omaha

Parish Based Catholic Faith Formation

**Religion
Curriculum**

K-12

August, 2007

Table of Contents

Letter from the Most Reverend Elden Francis Curtiss

Acknowledgements.....1

Introduction.....2

The Church Speaks (document guidelines).....3

The Family and Parish Partnership.....4

Directions for use of Content Checklist.....15

Primary Grades K-2 Section.....16

Directions for use of Content Checklist.....21

Intermediate Grades (3-5) Section.....22

Directions for use of Content Checklist.....29

Middle Grades (6-8) Section.....30

Directions for use of Content Checklist.....39

High School Grades (9-12).....40

Essential Catholic Practices and Prayers.....48

Approved Textbooks for the Omaha Archdiocese.....51

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We thank:

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RELCO*

RELCOR**

National Conference of Catechetical Leaders

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Sowing the Seeds of Faith

*Religious Educators, Leaders, Coordinators of Omaha

**Religious Educators, Leaders, Coordinators of Omaha – Rural

Introduction

Purpose:

The purpose of this religion curriculum is to assist Pastors, Directors of Religious Education, Directors of Youth Ministry and Catechists in the Archdiocese of Omaha in using the *Catechism of the Catholic Church* to provide a full, age-appropriate presentation of Catholic teaching for Archdiocesan parish-based Catholic faith formation. It is intended that this material be used to complement the goals and objectives contained in Archdiocesan approved textbook series utilized by parish-based programs.

This curriculum guide offers instructional direction within the wider task of faith formation in which the family and the entire parish community are engaged. One cannot internalize all the elements of Catholic formation simply by participating in programs. In the Catholic tradition, faith is formed first in the family. The family works together with the parish, school and local community to develop all the dimensions of faith: knowing, celebrating, living and praying. This curriculum guide assists primarily with the “knowing”. It is the task of families, parishes and catechists to see that the other dimensions are not neglected.

Directors of Religious Education and Directors of Youth Ministry may use this curriculum to assist catechists and parents in all of the dimensions of faith formation for their children.

Catechists may use this curriculum as assistance in lesson planning and evaluation of students’ knowledge.

Parents should be made aware of this curriculum as a support to what is already happening in the home, parish and parish-based programs.

The Church Speaks

Tasks of Catechesis

- Promotes knowledge of the faith
- Promotes a knowledge of the meaning of the Liturgy and the sacraments
- Promotes moral formation in Jesus Christ
- Teaches the Christian how to pray with Christ
- Prepares the Christian to live in community and to participate actively in the life and mission of the Church
- Promotes a missionary spirit that prepares the faithful to be present as Christian in society
(National Directory for Catechesis, pp.60-62)

...from the theological point of view every baptized person, precisely by reason of being baptized, has the right to receive from the Church instruction and education enabling him or her to enter on a truly Christian life... (CT #14)

The more the Church, whether on the local or universal level, gives catechesis priority over other works and undertakings..., the more she finds in catechesis a strengthening of her internal life as a community of believers and of her external activity as a missionary Church... She is bidden to offer catechesis her best resources in people and energy, without sparing effort, toil or material means, in order to organize it better and to train qualified personnel (CT #15)

Catechists do not merely transmit human knowledge; they transmit knowledge of the faith and, respecting the absolute originality of faith, they do so according to a pedagogy of faith that is patterned after God's own methodology. While catechists rightly employ a variety of methods and techniques in the transmission of the knowledge of faith, God's own methodology – the Father's self-revelation in Jesus Christ and through the Holy Spirit – always remains the model for all human methodologies. (NDC p.107)

The organization of catechesis... should “provide concrete ways by which the demands, excitement, and adventure of being a disciple of Jesus Christ can be personally experienced by adolescents”. (Renewing the Vision 10-11)

...adolescent catechesis is most effective when situated within a comprehensive program of youth ministry that includes social, liturgical, and catechetical components as well as opportunities for service. (NDC p.264)

The Family and Parish Partnership

Parents contribute to the spiritual growth of their children by nurturing the intellectual, emotional and physical growth of their children. Parents have the mission of teaching their children to pray and to discuss their vocation as children of God. (CCC #2226)

The parish community, in its turn, assists parents in their role as catechists. The catechism states that the parish is the Eucharistic community and heart of the liturgical life of Christian families; it is a privileged place for catechesis of children and parents. (CCC #2226)

These two sources, families and parishes, have appropriate roles and responsibilities in complementary ways; together they form a partnership in the responsibility for forming children in the four pillars of the catholic faith: Creed, Sacraments, Christian Life and Prayer. In this light, parents should be made aware of and asked to participate in teaching these standards thereby enriching their own faith through the process of catechizing their children.

The following pages provide suggestions for ways the family and parish can enhance each stage of their partnership throughout a child's involvement in the parish program. These recommendations are organized around the four pillars of the *Catechism of the Catholic Church* which are the foundation of the Archdiocese of Omaha's faith formation curriculum.

Directions for Use

- The following section has been created to assist the parish in strengthening a partnership with parents.
- This information should be used as an educational tool to assist parents.
- The Pastor and Director of Religious Education are encouraged to use this information with families new to the parish program.
- The information in this section may be reproduced as a packet or be split into sections and distributed as needed or helpful.

A copy of materials for appropriate grade level(s) may be given to each family at a parents' meeting or program registration time.

Preschool

Young Children:

- Experience God's love mainly through parents/guardians and family members such as grandparents, brothers, sisters, aunts, and uncles.
- Enjoy discovering the wonders of their world.
- Accept what is taught about God.
- Learn through stories and physical activities: seeing, hearing, touching, tasting, and smelling.
- Require a variety of activities to maintain their attention.
- Need to learn in an atmosphere of trust and personal acceptance.
- Form their image of God from the important people in their lives.

Practical Tips:

Attend Mass every Sunday and Holy Day of Obligation. When possible, attend as a family.

Establish consistent prayer times, for example, before meals and at bedtime.

Celebrate your child's baptismal anniversary with a special celebration.

Set aside a few minutes each evening to read an appropriate Bible story and ask your child what he or she thinks about the story.

When your child asks about a significant family event (birth of a child, wedding, Baptism), try to explain the ceremony and rituals in terms of God.

Read age-appropriate books to your child that speak of God and the importance of being good.

Let your child see you praying.

Practice simple rituals such as the sign of the cross, peace exchange, folding hands, genuflecting.

Practice simple acts of service.

Prayers and Practices:

Sign of the Cross
Glory Be Prayer
Spontaneous Prayer

The Lord's Prayer
Meal Prayers

Hail Mary
Guardian Angel Prayer

Preschool

Creed

Family: Parents stimulate awareness, awe, and joy for life in their preschool child through nurturing loving relationships and experiencing life's precious moments together. Noticing the beauty of God's creation in nature with a preschooler can be particularly illuminating.

Parish/School: The parish community assists parents by providing preschool religious education classes where children can relate the everyday events of their lives to the Gospel. Adult education sessions on parenting, family living, and the basic teachings of Catholic faith can also be offered.

Sacraments

Family: Parents teach young children the meaning of ritual and family. Participation in family rituals (such as bedtime rituals, family prayer, seasonal celebrations, etc.) by preschoolers forms the basis for their future understanding of worship.

Parish/School: A sense of belonging to the faith community is fostered by encouraging participation in the social and worship life of the parish. Since preschoolers learn through their senses, it is important that the parish provide liturgies and prayer experiences that make the best use of colors, sound, and symbols, which foster a sense of belonging. Thus, your child may learn what it means to be part of a worshipping community before he/she is able to grasp the concept.

Christian Life

Family: Setting aside time to be with preschoolers to share the events of the day, to hug them, and carefully listen to them are some ways parents nurture the faith of the child by being models of loving service and care. A sense of security and trust in the home are also of vital importance as a basis upon which faith builds. Parents also instill an age-appropriate sense of right and wrong, good and bad.

Parish/School: Parish service projects designed for family involvement help children form a positive attitude toward Christian service. Programs of support and outreach to families in need model loving service and care for all.

Prayer

Family: Families pray simple prayers with children and establish patterns of prayer that are comfortable for them as a family. Spontaneous prayer, meal prayers, bedtime prayers and prayers at special family times are all excellent ways to introduce prayer to your preschool child.

Parish/School: The most important way the parish community helps parents lead their children to worship is through liturgy. Offering Children's Liturgy of the Word for young children helps them to gradually understand the liturgy and feel included in the worship experience. The parish also provides other opportunities for common prayer and popular devotion.

Primary Grades K-2

Primary Children:

- Form an image of God from the important people in their lives.
- Need to have concepts and facts presented one at a time.
- Experience God's love through prayer and interaction with others.
- Enjoy song, ritual, and humor.
- Need to learn cooperation with peers.
- Require a variety of activities due to a short attention span.
- Need to learn in an atmosphere of trust and personal acceptance.

Practical Tips:

Attend Mass every Sunday and Holy Day of Obligation. When possible, attend as a family.

Establish consistent prayer times, for example, before meals and at bedtime.

Celebrate your child's baptismal anniversary with a special celebration.

Help your child memorize the Our Father, Hail Mary, Glory Be, and Sign of the Cross.

Determine specific ways to say, "I am sorry" and to make up when things go wrong in the family.

Place a family Bible in a special location in the home.

Read stories to your child from a children's Bible.

Decorate your dinner table with simple symbols of the Church season: Advent wreath, cross during Lent or a candle at Easter.

Plan a family meal to which you invite someone who may be lonely.

Make treats to share with classmates on a special holy day.

Take care of a garden or house plant as a way of showing respect for God's creation.

Prayers and Practices:

Sign of the Cross

Glory Be Prayer

Spontaneous Prayer

Ten Commandments

Liturgy of the Eucharist

The Lord's Prayer

Meal Prayers

Act of Contrition

Reconciliation

Hail Mary

Guardian Angel Prayer

Apostles' Creed

Liturgy of the Word

Primary Grades K-2

Creed

- Family: Parents of primary-grade children provide the most powerful influence on forming the faith of their children by living out their own faith with consistency and joy. Children experience God's loving presence in the everyday care and nurturing provided by parents. Families can also engage in primary-age discussions of the Catholic faith.
- Parish/School: The parish plays a vital catechetical role by relating the stories and beliefs of our tradition to children in a systematic way. Just as important are the parish programs designed to assist adults in their personal growth and education in faith.

Sacraments

- Family: Parents educate and prepare their primary child for celebration of the Sacraments of First Reconciliation and First Eucharist by connecting daily experiences to Gospel teachings and their own experience of these Sacraments. Families celebrate Mass with the parish community and discuss participation and the meaning of symbols.
- Parish/School: The parish provides parents with catechetical resources, support, and encouragement to enable them to fully prepare their children for first and subsequent celebrations of the Sacraments. Parish sacramental celebrations are family-friendly and support parents in their role as primary educators of their children.

Christian Life

- Family: Parents influence children through the witness of their lived faith expressed in integrity and service. Children are included in service projects when possible. Issues related to justice, peace, respect for life, and other moral issues are discussed routinely around the dinner table or elsewhere at a level understandable to the primary-age child.
- Parish/School: The parish community provides children with the opportunity to share their material goods with those less fortunate, especially at Thanksgiving and Christmas time. The parish community models itself after the Gospel values of peace, justice, and stewardship and provides adult education programs on moral issues.

Prayer

- Family: Families help children memorize traditional prayers such as the Our Father and Hail Mary through daily repetition. The family prays together regularly at mealtime, bedtime, and special seasonal observances and to commemorate significant life events.
- Parish/School: The parish regularly provides families with prayer resources that can be used easily in the home. Occasional parish family prayer services are held to celebrate, support, and encourage families in their role as the domestic church.

Intermediate Grades 3-5

Intermediate Children:

- Learn faith identity through community customs and traditions.
- See God as judge and lawgiver due to their sense of fair play.
- Tend to be conformists and identify strongly with their peer group.
- Experience the beginnings of sexual awareness.
- Begin to think abstractly and have longer attention spans.
- Are curious and independent.
- Have a wide range of interests.

Practical Tips:

Attend Mass every Sunday and Holy Day of Obligation. When possible, attend as a family.

Say a prayer before family meals.

Plan a special day with your child where you celebrate the gifts he or she brings to the family.

Periodically watch your child's favorite TV shows and discuss the values presented in the light of our Catholic faith tradition.

Share with your child the story of a saint who is special to you.

As a family, celebrate the Sacrament of Reconciliation on a regular basis especially during Advent and Lent.

Set aside a specific time each week to review with your child what is being taught in his or her religion class.

Participate with your child in a parish-sponsored service project, such as the Lenten Rice Bowl, a clothing drive, or a parish potluck.

Identify one or more chores that your child could do that would be a real service to the family.

Invite your child to talk about how God is a part of his or her life.

Prayers and Practices:

Sign of the Cross

Glory Be Prayer

Spontaneous Prayer

Nicene Creed

Liturgy of the Word

Order of Mass

Stations of the Cross

The Lord's Prayer

Meal Prayers

Act of Contrition

Ten Commandments

Liturgy of the Eucharist

Sacraments

Benediction

Hail Mary

Guardian Angel Prayer

Apostles' Creed

Reconciliation

Communion

Mysteries of the Rosary

Intermediate Grades 3-5

Creed

Family: The willingness of parents to grow in their understanding of faith issues models for their children the belief that growth in faith is a lifelong process. Parents seek opportunities to share their faith with other adults as well as their children. Parents take the time necessary to answer informal faith questions as they arise or research unknown answers with the child, using scripture or the Catechism of the Catholic Church when appropriate. Families actively participate in the life of the parish.

Parish/School: The parish community provides programs that support the faith and role of parents. Opportunities such as retreats, Scripture study, and adult education sessions on aspects of the Catholic tradition are good examples. Catechists communicate to parents ways in which the systemic presentation of the faith can be reinforced at home through family discussion and activities.

Sacraments

Family: Parents help to deepen their children's understanding of Sacraments by regular participation in sacramental celebrations followed by conversation about the experience. Participation in communal reconciliation services and other opportunities for reconciliation and weekly Sunday liturgy are particularly important for the intermediate child and his or her family.

Parish/School: The parish nurtures the grade school child's affinity for ritual by offering regular opportunities for active involvement and a sense of inclusion. Catechetical sessions teach children the meaning of symbolic action and how to worship with respect.

Christian Living

Family: Parents help their children learn to make right choices through dialogue about routine decisions. Respect and appreciation for ourselves and others are communicated when parents show respect and appreciation for their children. Participation in the responsibilities of family life teaches intermediate students the value of Christian service and wholesome moral life.

Parish/School: Consistent messages from the parish regarding Christian stewardship (time, talent and treasure) support and empower families. Structured opportunities for families to participate in direct service to the poor, elderly, or infirm are available. Education in complex moral issues is provided for parents.

Prayer

Family: Parents speak about the importance of prayer in life when their children see them pray. The prayer life of children is enriched by praying at home and at regular celebrations of liturgy and sacraments.

Parish/School: Catechists broaden the experience of intermediate children by offering a variety of prayer forms, including traditional Catholic prayers, in the classroom. Large group prayer services help children learn the value of communal prayer (i.e. Stations of the Cross, Eucharistic Adoration, and Marian Devotions).

Middle School Grades 6-8

Young Adolescents:

- Learn faith identity through experience of community customs and traditions.
- Are in a period of rapid growth: physical, mental, and emotional.
- May experience awkwardness, uncertainty, and self-consciousness.
- Change from a strong interest in the group to an interest in one or two “best” friends.
- Find peer acceptance more important than adult approval.
- Experience an increase in sexual awareness.
- Are capable of reflective thinking.

Practical Tips:

Attend Mass every Sunday and Holy Day of Obligation. When possible, attend as a family.

Get to know your child’s friends.

Talk with your child about the values he or she sees reflected in the media and in his or her daily surroundings.

Take every opportunity to affirm your child’s gifts and talents.

Encourage your child to become involved in some Church activity, for example, youth group, altar server, lector, choir member, or altar server at school Masses.

Provide your child with books or videos about the lives of the saints.

Participate with your child in a program sponsored by the parish: food and clothing collection, parish festival, a political action, or a spiritual retreat.

Encourage your child to take some “private time” each day for personal prayer.

As a family, celebrate the Sacrament of Reconciliation on a regular basis especially during Advent and Lent.

Read your youngster’s religion textbook and talk about what the class is studying.

Give your child a Bible that is written specifically for his or her age and understanding.

Prayers and Practices:

Sign of the Cross

Glory Be Prayer

Spontaneous Prayer

Nicene Creed

Liturgy of the Word

Order of Mass

Stations of the Cross

Theological/Cardinal Virtues

The Lord’s Prayer

Meal Prayers

Act of Contrition

Ten Commandments

Liturgy of the Eucharist

Sacraments

Benediction

Hail Mary

Guardian Angel Prayer

Apostles’ Creed

Reconciliation

Communion

Mysteries of the Rosary

Precepts of the Church

Middle School Grades 6-8

Creed

Family: Parents communicate their values to their children through family participation in the life, mission, and work of the parish community. Frequent reference to Jesus and the Gospels and the Church helps keep them in relevant the life of the young adolescent.

Parish/School: In addition to curriculum-based catechetical sessions, the parish provides opportunities for young people to discuss life and faith issues in a Catholic Christian context with a catechist and their peers.

Sacraments

Family: Parents set standards for family involvement in parish liturgical celebrations including: attending regularly, speaking positively about them, dressing with care, arriving on time and participating fully. Family encouragement for young people to take on the responsibility of liturgical ministries is essential in their decision to do so.

Parish/School: The parish provides opportunities for young people to participate in liturgical ministries as appropriate to age and situations. Listening, understanding, patient teaching, and responding pastorally to the sacramental needs of this age group help them feel a sense of belonging.

Christian Living

Family: Families who open their hearts to those in need, and put their faith into action witness Christian service to their young adolescent child. Parents discuss moral decision-making and human sexuality with their children in light of the Catholic tradition.

Parish/School: The parish lives and teaches the scriptural vision of life that encompasses justice, peace, equality, charity, and stewardship. Special attention needs to be made to assist parents on how to communicate this vision. The parish calls families to conversion and offers catechetical, worship, community, and service opportunities to support this call.

Prayer

Family: The family participates in a variety of prayer experiences at home, at church, or on retreat. Prayer is regarded as a natural expression of faith and is frequently experienced in the home. Young adolescent children are given responsibility for planning and implementing special family prayer services.

Parish/School: Students are trained to be prayer leaders and active participants through regular practice in classroom prayer. Parish leadership supports student prayer by attending services planned by the youth. Families are exposed to a variety of prayer styles at parish functions.

High School Grades 9-12

Older Adolescents:

- Display a searching faith.
- Are capable of developing a personal spirituality.
- Move toward critical consciousness: “What do I think and why do I think that?”
- Establish a personal identity and independence from parents.
- Change from a strong interest in the group to one or two “best” friends.
- Establish their sex role identity.
- Experiment with career choices.
- Critique personal and social values, and develop their own value system.

Practical Tips:

Attend Mass every Sunday and Holy Day of Obligation. When possible, attend as a family.

Keep Christian symbols in your home: a crucifix, Bible, or pictures.

Celebrate various rites of passage-driver’s license, graduation, awards or honors-with gifts that symbolize the Catholic faith.

Encourage your child to participate in a youth retreat.

When the opportunity presents itself, discuss with your child the importance of religion in your own life.

Discuss with your child the values portrayed in the media in light of your family’s values and your Catholic faith.

Know your child’s friends.

Encourage your child to take some quiet time and pray when he or she is faced with a difficult choice.

Talk with your child about what God may be calling him or her to do with his or her life.

Encourage your child to volunteer for service projects in the parish or in the community. Invite your child to share his or her thoughts on the experience.

Encourage your child to become involved in some type of Church activity: youth group, lector, altar server, extraordinary minister of Holy Communion, musician or choir member, catechetical teacher, or campus ministry.

Prayers and Practices:

Sign of the Cross

Meal Prayers

Nicene Creed

Liturgy of the Eucharist

Mysteries of the Rosary

Precepts of the Church

The Lord’s Prayer

Spontaneous Prayer

Ten Commandments

Communion

Stations of the Cross

Theological/Cardinal Virtues

Hail Mary

Act of Contrition

Reconciliation

Order of Mass

Benediction

Memorare

Glory Be Prayer

Apostles’ Creed

Lit. of the Word

Sacraments

High School Grades 9-12

Creed

Family: Parents share the Catholic faith story with their older adolescents when they turn to the resources of the Catholic faith to respond to moral dilemmas or other challenges of daily living. Values are also shared during family discussions about current events and movies or TV shows.

Parish/School: The parish community complements family catechesis by offering catechetical programming through which teens can come together with their peers and a catechist to discuss the implications of the Sunday readings for their faith lives.

Sacraments

Family: Families celebrate the liturgical year as well as special life events with rituals and prayers for the Catholic tradition. Patterns of celebrating are adjusted at this time to meet the unique needs of the older adolescent. Families discuss the meaning of the Sacraments on a deeper level as the teen matures.

Parish/School: The parish invites all confirmed youth to participate fully in the liturgical ministries of the parish. Age-appropriate training is provided and efforts are made to provide mentoring when necessary. Families participate together in the liturgical life of the parish.

Christian Living

Family: Parents make time to listen to and talk with their teenage child. Efforts are made to do things together in order to maintain a healthy, open relationship. Families work at communication skills that are based on respect, appreciation, and support for one another. Parents support their teenager's need for increased responsibility and freedom while sustaining a secure family structure.

Parish/School: The parish provides opportunities for families to organize to address common concerns such as communication skills, the parent/teen relationship, single parent families, responding to community justice issues and others.

Prayer

Family: Families incorporate prayer into their daily living both individually and together. Families pray together in times of stress, crisis, joy, and celebration and offer prayers of petition, adoration, thanksgiving, or contrition during mealtime or bedtime prayers. Additional responsibilities are given to the teen in regard to planning and implementing family prayer rituals.

Parish/School: The parish liturgical year celebrations are family-focused and offer something for every member of the family, especially the teen. Teens are invited and welcomed to parish prayer events. All graduates receive special recognition and a blessing at a regular Sunday liturgy in the spring.

Directions for Use of Content Checklist

Parents and catechists will find the Content Checklist helpful for quick identification of topics and levels of learning generally appropriate to different grade levels. Good lesson planning and following the goals and objectives of textbook series approved by the United States Conference of Catholic Bishops will assure that this curriculum is covered.

The Director of Religious Education may reproduce the Content Checklist and distribute it to all catechists.

The format for the Content Checklist is as follows:

1. Blank box to use as a check-off as content is covered
2. Numeric system that identifies the specific content statement
3. Content Statement
4. *Catechism of the Catholic Church* reference (CCC)
5. Level of catechist instruction:
Introduce (**I**), Develop (**D**), Master (**M**)

Introduce (**I**) To provide with a beginning knowledge or first experience

Develop (**D**) To progress from simple to more complex through practice

Master (**M**) To gain control over content in that it becomes a natural part of day to day living

Catechists may use this curriculum to assist in the preparation of lessons.

The checklist may also aid with assessment.

Grades K-2 Religion Essential Standards

Standard #1: CREED [BELIEF]

Recognize God's love for us.

Standard #2: SACRAMENTS [GIFT]

Recognize the Sacraments as gifts from God.

Standard #3: CHRISTIAN LIVING [LIFE]

Recognize that we are children of God.

Standard #4: PRAYER [RELATIONSHIP]

Recognize that prayer is a conversation with God.

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Primary Grades K-2 Content Checklist**

CREED-BELIEF

Essential Standard #1: Recognize God's love for us.	Gr. K	Gr. 1	Gr. 2
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Faith

	1.1.1	Identify that God is good and loving.	I	D	M
	1.1.2	Identify that God made all things and everything He made is good.	I	D	D
	1.1.3	Identify that God is with us in family, community, scripture, and Sacraments.	I	D	D
	1.1.4	Identify that God loves us and wants us to respond to that love.	I	D	M
	1.1.5	Identify that every person has a guardian angel. (CCC, #336; 352)	I	D	M
	1.1.6	Name Adam and Eve's disobedience toward God as original sin.		I	D

Scripture

	1.2.1	Recognize that the Bible is a special book about God.	I	D	D
	1.2.2	Recognize that the Bible is made up of stories of the Old Testament and the New Testament.	I	D	D
	1.2.3	Recognize that God speaks to us through Bible stories.	I	D	D

Doctrine and Dogma

	1.3.1	Recognize that God is the Creator of everything.	I	D	M
	1.3.2	Recognize that God sent Jesus because of His love for us.	I	D, M	
	1.3.3	Recognize that Jesus is the Son of God who became man to teach us about God.	I	D	D
	1.3.4	Recognize that God chose Mary to be the mother of His son, Jesus, and because of that we honor her. (CCC, #492)	I	D	D
	1.3.5	Recognize that Mary said "Yes" to be the mother of Jesus.	I	D	D
	1.3.6	Recognize that Jesus died on the cross for us so we can go to heaven.	I	D	D
	1.3.7	Recognize that Jesus rose from the dead on Easter.	I	D	M
	1.3.8	Recognize that Jesus went back to heaven.	I	D	M
	1.3.9	Recognize that Jesus and the Father sent the Holy Spirit to guide the Church.		I	D
	1.3.10	Recognize that God wants us to live in heaven with Him.	I	D	D

Trinity

	1.4.1	Recognize that God is Father, Son, and Holy Spirit.	I	D	M
	1.4.2	Recognize that Jesus became human to show us the love of God, and to teach us about God the Father.			I

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Primary Grades K-2 Content Checklist**

Gr. K	Gr. 1	Gr. 2
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CREED CONTINUED

Church

1.5.1	Identify that the Church is the People of God and the Body of Christ.	I	D	D
1.5.2	Identify that the Church building is a holy place, the house of God's family, and a house of prayer.	I	D	M
1.5.3	Identify that the Catholic Church is a family of believers.	I	D	M
1.5.4	Identify that the Pope, Bishops and Priests are leaders of the Church.		I	D

Community

1.6.1	Recognize that our parish community is a family.	I	D	M
1.6.2	Recognize that, as a family, we are asked to respect and care for everyone.	I	D	D
1.6.3	Recognize that Jesus lived in a family with Mary and Joseph.	I	D	M
1.6.4	Recognize that Jesus taught us how to live.	I	D	M
1.6.5	Recognize that, as brothers and sisters of Jesus we believe that Mary is also our mother.	I	D	M

Creation

1.7.1	Identify that creation is a gift from God.	I	D, M	
1.7.2	Identify that humans are created in the image and likeness of God. (CCC, #41)		I	D
1.7.3	Identify that creation is the whole world; persons, places and things created by God.	I	D	D
1.7.4	Identify that we thank God for all He has created.	I	D	D
1.7.5	Identify that we show appreciation, respect, and care for God's creation.		I	D
1.7.6	Identify that animals are created by God and entrusted to our care. They may be used to serve our needs. (CCC, #2457)	I	D	D
1.7.7	Identify the Sabbath (Sunday) as a day to worship God.	I	D	D

SACRAMENTS-GIFTS

Essential Standard #2: Recognize the Sacraments as gifts from God.

Sacrament

2.1.1	Recognize Sacraments as celebrations and signs of Jesus' love for us.		I	D
2.1.2	Recognize that Sacraments have outward signs.		I	D
2.1.3	Identify Sacramentals as sacred signs of the Church. (CCC, #1677)		I	D
2.1.4	Identify that Catholics celebrate their faith through the Sacraments.		I	D

Baptism

2.2.1	Tell how Baptism washes away original sin and gives us new life.		I	D
2.2.2	Recognize that Baptism initiates us into the Church and God's family.	I	D	D
2.2.3	Recognize that Baptism gives us the right to receive other Sacraments.			I

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Primary Grades K-2 Content Checklist**

Gr. K	Gr. 1	Gr. 2
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SACRAMENTS CONTINUED

Reconciliation

2.3.1	Recognize that God is ready to forgive us when we ask Him.	I	D	D, M
2.3.2	Show how we celebrate God's forgiveness in the Sacrament of Reconciliation.		I	D
2.3.3	Identify mortal sins as those that separate us from God.			I
2.3.4	Identify venial sins as those that harm our love for God, but do not take it away.			I

Eucharist

2.4.1	Recognize that Jesus shares himself with us in a special meal we call the Eucharist.		I	D
2.4.2	Describe how Jesus celebrated the first Eucharist at the Last Supper.	I	D	D
2.4.3	Recognize that the bread and wine are changed into the Body and Blood of Jesus during Mass by the priest through the power of the Holy Spirit.		I	D
2.4.4	Recognize that Jesus is truly present in the Eucharist under the appearance of bread and wine.		I	D, M
2.4.5	Recognize that the presence of Jesus remains in the consecrated Hosts in the tabernacle.		I	D

Mass

2.5.1	Tell how we participate at Mass in prayer and song.	I	D	D
2.5.2	Identify the Mass as a celebration of Christ's sacrifice and remembrance.		I	D
2.5.3	Recognize the liturgical seasons of Advent, Christmas, Lent and Easter as a way to celebrate the story of Jesus and his friends.	I	D	D

Discipleship

2.6.1	Recognize that the Sacraments of Baptism, Reconciliation and Eucharist help us to be followers of Jesus.	I	D	M
2.6.2	Describe how Mary, the saints and bible stories teach us to live as God wants us to live.	I	D	D

CHRISTIAN LIVING-LIFE

Essential Standard #3: Recognize that we are children of God.

Vocation

3.1.1	Tell how Jesus is our model and teaches us how to live this life.	I	D	M
3.1.2	Show how we can serve God by serving others.	I	D	D

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Primary Grades K-2 Content Checklist**

Primary Grades

Gr.	Gr.	Gr.
K	1	2

CHRISTIAN LIVING CONTINUED

Human Dignity

	3.2.1	Recognize that, as children of God, we are unique and all loved by God.	I	D	M
	3.2.2	Describe how people are different, but special.	I	D	D
	3.2.3	Recognize that Jesus teaches us how to love and respect God, others, and ourselves.	I	D	M
	3.2.4	Recognize that life is sacred because it comes from God.		I	D
	3.2.5	Describe how we can care for all people of different cultures and races.	I	D	D

Human Interaction/Sexuality

	3.3.1	Illustrate ways that we love our family and neighbors.	I	D	M
	3.3.2	Describe how we can respect our parents, thank them, and obey them.	I	D	M

Moral Conscience

	3.4.1	Recognize that the Ten Commandments are based on love and respect.		I	D
	3.4.2	Demonstrate that we show love by how we act.	I	D	M
	3.4.3	Illustrate how we can choose to do good.	I	D	M
	3.4.4	Recognize that we sin when we choose to do wrong.	I	D	D

Social Justice

	3.5.1	Recognize that we are called good stewards when we share what we have with others.		I	D
	3.5.2	Recognize the need to care for the poor and suffering.	I	D	D

Community Service

	3.6.1	Describe how we follow Jesus by loving and serving others.	I	D	D
	3.6.2	Illustrate that service begins by being helpful at home.	I	D	M
	3.6.3	Illustrate how we participate in school, church, and community projects.	I	D	D

PRAYER-RELATIONSHIP

Essential Standard #4: Recognize that prayer is a conversation with God.

Prayer

	4.1.1	Show how Jesus teaches us how to pray.	I	D	M
	4.1.2	Recognize that prayer is listening to and talking with God.	I	D	M
	4.1.3	Demonstrate how Catholics begin prayers with the Sign of the Cross.	I	D, M	
	4.1.4	Identify Mass as the greatest prayer.	I	D	M
	4.1.5	Identify formal and informal prayers.	I	D	M
	4.1.6	Describe how we pray together as a family, a class, a school community and Church.	I	D	M

Directions for Use of Content Checklist

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Grades 3-5 Religion Essential Standards

Standard #1: CREED [BELIEF]

Know Jesus as the Son of God.

- Recognize Jesus as Savior.

Standard #2: SACRAMENTS [GIFT]

Recognize the presence of Christ in the Sacraments.

- Know that the Sacraments of Initiation, Healing and Service bring us into a closer relationship with God.

Standard #3: CHRISTIAN LIVING [LIFE]

Recognize Jesus' life as a model for our own.

- Recognize that God calls us to be responsible for our actions.
- Recognize the importance of serving others.

Standard #4: PRAYER [RELATIONSHIP]

Understand prayer as a way to grow closer to God.

- Understand and practice different forms of prayer.

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Intermediate Grades 3-5 Content Checklist**

CREED-BELIEF

Essential Standard #1: Know Jesus as the Son of God. (CCC, #441-445) * Recognize Jesus as Savior.	Gr. 3	Gr. 4	Gr. 5
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Faith

1.1.1	Describe how God takes care of us and is always faithful to us.	I	D	D
1.1.2	Recognize that humans and all things were created good by God.	D	M	
1.1.3	Recognize that we are created in God's image to have a loving relationship with God and others.	I	D	D
1.1.4	Describe how Adam and Eve transmitted to their descendants the effect of the first sin called original sin. (CCC, #417)	D	D	D
1.1.5	Recognize that death and the inclination to sin are consequences of original sin. (CCC, #418; 1008; 1018)	I	D	D

Scripture

1.2.1	Describe how God speaks to us through the stories of the Bible.	D	D	M
1.2.2	Illustrate how the Bible is organized into books, chapters, and verses of the Old Testament and the New Testament.	I	D	D
1.2.3	Recognize that the Bible teaches us about God's goodness within ourselves and our world.	I	D	D
1.2.4	Recognize that Jesus teaches us about choices and how to live good lives through the Bible.	I	D	D
1.2.5	Illustrate how the gospels tell us about the life of Jesus as both divine and human.	I	D	M
1.2.6	Identify the four gospel writers as Matthew, Mark, Luke, and John.	I	D	M
1.2.7	Recognize that the Bible is the inspired Word of God.	I	D	D

Doctrine and Dogma

1.3.1	Recognize that Jesus, our Savior, came to bring God's salvation to everyone. (CCC, #609, 624)	D	D	D
1.3.2	Identify that Jesus came to bring us God's word.	D	M	
1.3.3	Illustrate how Catholics honor Mary as the mother of God.	D	M	
1.3.4	Define Mary's life as the perfect example of faith and obedience to God.	D	D	M
1.3.5	Recognize that Mary was taken into heaven preserved free from all stain of original sin. (CCC, #966)	I	D	D
1.3.6	Recognize that in death the soul is separated from the body. (CCC, #997)			I
1.3.7	Recognize that in resurrection God will give new life to our body in union with our soul. (CCC, #997)	D	D	D
1.3.8	Recognize that hell's punishment is the eternal separation from God. (CCC, #1035)			I

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Intermediate Grades 3-5 Content Checklist**

Gr. 3	Gr. 4	Gr. 5
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CREED CONTINUED

Trinity

1.4.1	Identify the mystery of the Trinity as the core of our faith. (CCC, #234)			I
1.4.2	Identify Jesus, the Son of God, as true God and true man.	I	D	M
1.4.3	Identify that to be Christian, one must believe that Jesus Christ is the Son of God. (CCC, #454)	D	M	
1.4.4	Define the name of Jesus as "God saves," and the title Christ as "Anointed One." (CCC, #452-453)		I	D
1.4.5	Recognize the Holy Spirit as the third person of the Blessed Trinity and that He can be understood as the love of the Father for the Son, and the love of the Son for the Father.			I
1.4.6	Identify that the Holy Spirit came to the disciples at Pentecost to guide the Church.	D	D	M
1.4.7	Recognize how the Holy Spirit helps us to live in peace as Jesus did, making good choices.	I	D	M

Church

1.5.1	Illustrate the Church as the People of God and the Body of Christ.	D	D	D
1.5.2	List the apostles as the first leaders of the Church.	I	D	M
1.5.3	Identify the Pope as the leader of the whole Church on earth and the Bishop as the leader of the local Church assisted by priests and deacons, religious and laity.	D	D	M
1.5.4	Show how we learn from others and teach others the way to the reign of God as members of the Church.	I	D	M
1.5.5	Define Pentecost as the celebration of the birthday of the Church.	I	D	D
1.5.6	Recognize that the Church is one: in acknowledging one Lord; confessing one faith born in one Baptism, and is given life by the one Spirit. (CCC, #886)	I	D	D
1.5.7	Recognize that the Church is Holy because God created it.	I	D	D
1.5.8	Define the meaning of the term "Catholic" as universal. (CCC, #830)	I	D	D
1.5.9	Define that the term "Apostolic" means founded on the Apostles' mission; built on a lasting foundation. (CCC, #857;869)	I	D	D
1.5.10	Illustrate how, as members of the Catholic Church, we follow its laws, the Precepts. (CCC, #2041-2043)	I	D	D

Community

1.6.1	Examine how we are a community of believers who follow Jesus.	I	D	M
1.6.2	Identify the Church community as including the pope, clergy, religious and lay people.	I	D	D
1.6.3	Explore how we care for those in need and work to build a better world through the Corporal and Spiritual Works of Mercy.	D	D	D
1.6.4	Recognize that we gather at Mass as a community of faith to be reconciled, to give thanks, and to celebrate.	I	D	D

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Intermediate Grades 3-5 Content Checklist**

Gr. 3	Gr. 4	Gr. 5
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CREED CONTINUED

Creation

1.7.1	Illustrate God as the creator of all things and everything that God created as good. (CCC, #299)	D	D	M
1.7.2	Identify that all of God's creation is to be respected and as Christians we accept responsibility to care for it.	D	D	D
1.7.3	Illustrate that we are to be thankful for the gifts we have been given and share generously with others.	D	D	M
1.7.4	Identify Satan, or the devil and the other demons, as fallen angels who have freely refused to serve God and His plan. (CCC, #414)	I	D	M
1.7.5	Identify that the Sabbath is to be kept holy.	D	D	M

SACRAMENTS-GIFT

Essential Standard #2: Recognize the presence of Christ in the Sacraments.
*** Know that the Sacraments of Initiation, Healing, and Service bring us into a closer relationship with Christ. (CCC, #1210-1658)**

Sacrament

2.1.1	Identify that the Church has Seven Sacraments that help us to share in Christ's presence.	I	D	M
2.1.2	Recognize that Jesus gave us the Seven Sacraments to nourish our spiritual life.	D	D	M
2.1.3	Recognize that God gives us grace through the Sacraments to help us live a holy life.	I	D	M
2.1.4	Identify that Sacraments have effects and outward signs.	D	D	M
2.1.5	Define the Sacraments of Initiation as Baptism, Eucharist, and Confirmation.	I	D	M
2.1.6	Define the Sacraments of Healing as Reconciliation and Anointing of the Sick.	I	D	M
2.1.7	Define the Sacraments of Service as Matrimony and Holy Orders.	I	D	M
2.1.8	Recognize that we celebrate the presence and action of Christ in our lives through the Sacraments.	I	D	M

Baptism

2.2.1	Identify how Baptism gives new life, cleanses sin, and joins us to the Christian community.	D	D	M
2.2.2	Recognize that Baptism imprints a spiritual mark or indelible character on the Christian's soul: for this reason, one can receive this Sacrament only once in one's life. (CCC, #1272)	I	D	M
2.2.3	Recognize that Baptism calls all of us to a life of service especially helping those in need.	I	D	M

Reconciliation

2.3.1	Define how Catholics confess their sins and celebrate God's forgiveness.	D	D	M
2.3.2	Recognize that only an ordained priest can forgive sins in the name of Christ. (CCC, #1495)	I	D	M

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Intermediate Grades 3-5 Content Checklist**

Gr. 3	Gr. 4	Gr. 5
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SACRAMENTS CONTINUED

Eucharist

2.4.1	Recognize how the Eucharist makes present the sacrifice of Christ and is a community meal in which Christ is really present to us.	D	D	M
2.4.2	Identify that only an ordained priest can preside at the Eucharist and consecrate the bread and wine so that they become the Body and Blood of the Lord. (CCC, #1411)	D	D	M
2.4.3	Identify that Catholics are encouraged to receive Communion whenever they attend Mass; however, they must receive at least once a year. (CCC, #1388-1389)	I	D	M
2.4.4	Identify that anyone who receives Christ in the Eucharistic Communion must be in a state of grace. Anyone aware of having sinned mortally must not receive Communion without having received absolution in the Sacrament of Reconciliation. (CCC, #1415)	I	D	M

Confirmation

2.5	Define how Confirmation strengthens us in the Holy Spirit.	I	D	M
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Anointing of the Sick

2.6.1	Recognize that anointing of the Sick celebrates Christ's healing presence in our lives.	I	D	M
2.6.2	Recall that a Christian may receive the Anointing of the Sick each time one falls seriously ill. (CCC, #1529)	I	D	M

Matrimony

2.7.1	Recognize that Matrimony celebrates the grace-filled covenant between a man and a woman to love each other as husband and wife. (CCC, #1601)	I	D	M
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Holy Orders

2.8.1	Recognize that Holy Orders celebrates the call to serve God's people through the ordained ministry.	I	D	M
2.8.2	Understand that the Church confers the Sacrament of Holy Orders on baptized men that God has chosen.	I	D	D
2.8.3	Define Holy Orders as a Sacrament of special service and commitment to the Church.	I	D	M

Mass

2.9.1	Identify the essential parts of Mass as the Liturgy of the Word and Liturgy of the Eucharist.	I	D	M
2.9.2	Examine how we remember the sacrifice of Christ and thank God for salvation during the Mass.	D	M	
2.9.3	Identify how we celebrate liturgical feasts and seasons as a Church community.	D	D	D
2.9.4	Recognize how the season of Advent prepares us for Christmas and for the second coming of Christ.	D	D	M
2.9.5	Recognize Lent as a special time for praying, sacrificing, and sharing because of Jesus' suffering.	D	M	
2.9.6	Explain how the Eucharistic celebration (Mass) on Holy Thursday reminds us of the Last Supper.	D	M	
2.9.7	Identify that Christians celebrate Jesus' rising from the dead on Easter Sunday.	D	M	
2.9.8	Explore how sacred music enhances our prayer at Mass.	D	M	
2.9.9	Recognize that when we volunteer to help at Mass, we are helping the priest.	I	D	D

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Intermediate Grades 3-5 Content Checklist**

Gr.	Gr.	Gr.
3	4	5

SACRAMENTS CONTINUED

Discipleship

2.10.1	Recognize that Mary and the saints offer us examples of good Christian lives.	D	D	D
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CHRISTIAN LIVING-LIFE

Essential Standard #3: Recognize Jesus' life as a model for our own. (CCC, #1694; 1716-1717)
*** Recognize that God calls us to be responsible for our actions.**
*** Recognize the importance of serving others.**

Vocation

3.1.1	Explore how we all have vocations.	I	D	D
3.1.2	Recognize the purpose of a Christian's life is to know, love, and serve God.	I	D	M
3.1.3	Recognize that we serve God and others by following the Commandments, Beatitudes, and Works of Mercy.	I	D	D
3.1.4	Recognize that parents should respect and encourage their children's vocations remembering to teach that the first calling of the Christian is to follow Jesus. (CCC, #2253)	I	D	M

Human Dignity

3.2.1	Recognize how God created persons of different races and cultures; all are one in God.	D	D	D
3.2.2	Explore how differences in personalities, races, and nationalities are good for the whole human family and we show appreciation for God's creation when we appreciate differences.	D	D	D
3.2.3	Recognize that God teaches us to lead a healthy life and make good choices.	I	D	D
3.2.4	Recognize that human life is sacred and must be respected. (CCC, #2258)	D	D	D

Human Interaction/Sexuality

3.3.1	Recognize that parents have the first responsibility for the education of their children in faith, prayer, and the virtues. (CCC, #2252)	I	D	D
3.3.2	Recognize that responsible relationships are based on love, honesty and respect.	I	D	D
3.3.3	Recognize that we respect the human body as sacred life.	I	D	D

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Intermediate Grades 3-5 Content Checklist**

Gr.	Gr.	Gr.
3	4	5

CHRISTIAN LIVING CONTINUED

Moral Conscience

3.4.1	Illustrate how all people are called to be faithful to God's love by following the two great commandments.	I/D	M	
3.4.2	Show how the Ten Commandments help us to model our life after the life of Jesus.	D	M	
3.4.3	Recognize that our conscience helps us to know what is right and do what we believe is right.	I	D	D
3.4.4	Identify how God calls us to be responsible for our own actions.	D	D	M
3.4.5	Explore how the virtues of faith, hope, and love help us live good lives.	I	D	D
3.4.6	Recognize how sin is choosing to turn away from God, harming our relationship with God, ourselves and others.	D	D	D
3.4.7	Identify that Scripture teaches us there are two kinds of sin: mortal and venial. (CCC, #1854-1864)	D	D	D
3.4.8	Recognize that purity of heart enables us to see God. (CCC, #2531)		I	D

Social Justice

3.5.1	Describe how whatever we do for people in need, we do for Jesus.	D	D	M
3.5.2	Recognize that the Church teaches that we must work for a more just and fair world.	I	D	D
3.5.3	Explore how we share in Jesus' mission when we reach out to the poor, the lonely, and the suffering.	I	D	D
3.5.4	Examine how the Beatitudes show us how to trust God, and how to forgive and have mercy for others. (CCC, #1716-1729)		I	D
3.5.5	Recall that "Blessed are the peacemakers for they shall be called Sons of God." (CCC, #2330)		I	D

Community Service

3.6.1	Recognize the importance of our call to share in Jesus' ministry of love and service.	D	D	D
3.6.2	Explore how charity and kindness are a response to God's call to serve.	D	D	D
3.6.3	Recognize that service is shown through the contribution of time, talent and treasure.			I

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Intermediate Grades 3-5 Content Checklist**

PRAYER-RELATIONSHIP

Essential Standard #4: Understand prayer as a way to grow closer to God. (CCC, #2564-2565; 2644; 2650-2651; 2659-2660; 2670-2672) *Understand and practice different forms of prayer. (CCC, #2625-2642)	Gr. 3	Gr. 4	Gr. 5
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4.1.1	Recognize that prayer strengthens our relationship with God. (CCC, #2786-2788)	I	D	D
4.1.2	Recognize that Christians talk to and listen to God daily. (CCC, #2659-2660)	I/D	M	
4.1.3	Recognize that there is public prayer and private prayer. (CCC, #2691)	I/D	M	
4.1.4	Define Mass as the best public prayer.	I	D	M
4.1.5	Identify the Lord's Prayer as the most perfect prayer. (CCC, #2765-2766; 2774)	I	D	D
4.1.6	Explore how Christians forgive those who hurt them, bear wrongs patiently, and pray for everyone, both the living and the dead.	I	D	M
4.1.7	Recognize how the Holy Spirit helps us to pray. (CCC, #2670-2672)	I	D	D
4.1.8	Recognize that we praise God in prayers of praise.	I	D/M	
4.1.9	Recognize that we are thankful in prayers of thanksgiving.	I	D/M	
4.1.10	Recognize that we express sorrow for sin in prayers of contrition.	I	D/M	
4.1.11	Recognize that we ask for what we need in prayers of petition.	I	D/M	
4.1.12	Recognize that Mary is the mother of all and we can pray to her and with her. (CCC, #2617-2619)	I	D	D
4.1.13	Recognize that we ask for the Lord's help through the intercession of the saints.	I	D	D
4.1.14	Identify that Psalms are prayers found in the Old Testament that Jesus liked to pray.	I	D	D
4.1.15	Recognize that Indulgences help the faithful obtain the remission of punishment due to sin.			I
4.1.16	Recognize that we adore Christ by making visits to the Blessed Sacrament. (CCC, #1378; 1418)	I	D	D

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Grades 6-8 Religion Essential Standards

Standard #1: CREED [BELIEF]

Explore the presence of the Trinity.

- Recognize the presence of the Father, Son, and Holy Spirit.

Standard #2: SACRAMENTS [GIFT]

Understand the Sacraments as the life-giving powers of Christ.

Standard #3: CHRISTIAN LIVING [LIFE]

Demonstrate principles of Christian living.

- Model faith in words and actions.
- Make moral decisions consistent with Church teachings.
- Examine vocations as God's call.

Standard #4: PRAYER [RELATIONSHIP]

Know the meaning and importance of prayer in life.

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Middle School Grades 6-8 Content Checklist**

CREED-BELIEF

Essential Standard #1: Explore the presence of the Trinity. * Recognize the works of the Father, Son and the Holy Spirit.	Gr. 6	Gr. 7	Gr. 8
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Faith

1.1.1	Explore faith as a gift from God. (CCC, #179)	I	D	M
1.1.2	Describe how we are called to be God's chosen ones as He knows us and calls us by name.	D	D	M
1.1.3	Recognize that God's covenant is revealed to us through Jesus.	I	D	D
1.1.4	Examine how Christian faith requires a relationship with God and others.	D	D	D
1.1.5	Recall that Adam and Eve transmitted to their descendants the effects of the first sin called original sin. (CCC, #417)	M		
1.1.6	Recognize how death and the inclination to sin are consequences of original sin. (CCC, #418; 1008; 1018)	D	D	M

Scripture

1.2.1	Explore how the Bible tells us that God and God's goodness prevail over sin and evil.	D	D	M
1.2.2	Recall that the Bible is a collection of books written under God's inspiration.	D	M	
1.2.3	Recognize that the Bible contains a variety of literary forms.	I	D	M
1.2.4	Describe the Bible as 46 books in the Old Testament and 27 books in the New Testament.	D	M	
1.2.5	Recognize that the Old Testament contains the roots of our faith and prayer. (Creation, Sacrifice, Covenant, Wisdom Books i.e. Psalms, Proverbs)	I	D	M
1.2.6	Recognize that the Old Testament is fulfilled in Jesus Christ.	I	D	M
1.2.7	Describe how the New Testament teaches us about the person of Jesus and the meaning of following Jesus and living the Good News.	I	D	M
1.2.8	Summarize how Jesus teaches about God, prayer, justice, peace, service, stewardship, and moral life in Scripture.	D	D	D
1.2.9	Relate the Church teachings to Scripture through the use of the Bible.	D	D	D

Doctrine and Dogma

1.3.1	Describe how God, the Father, chose to send Jesus to us for our salvation.	M		
1.3.2	Recognize that the Nicene Creed states our beliefs.	I	D	M
1.3.3	Recognize that the Paschal Mystery is Jesus' dying, rising, and sending of the Spirit to live forever with God's people.	I	D	D
1.3.4	Recognize that Jesus' dying and descending into the "realm of the dead" conquered death and the devil. (CCC, #635-637)	I	D	D
1.3.5	Recognize that Jesus' ascension into heaven marks the entrance of humanity into heaven. (CCC, #665)	I	D	D
1.3.6	Recognize that, at death, the soul is separated from the body. (CCC, #997)	D	D	D
1.3.7	Identify that, in resurrection, God will give new life to our body in union with our soul. (CCC, #997)	D	D	D
1.3.8	Recognize that hell's principal punishment is the eternal separation from God. (CCC, #1035)	D	D	M
1.3.9	Recognize that Mary remained a virgin in conceiving her Son. (CCC, #510)	I/D	M	
1.3.10	Recall that the Immaculate Conception and Assumption are dogmas regarding Mary.	D	M	

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Middle School Grades 6-8 Content Checklist**

Gr.	Gr.	Gr.
6	7	8

CREED CONTINUED

Trinity

1.4.1	Recognize the mystery of the Trinity as the core of our faith through the presence of the Father, the Son, and the Holy Spirit, as one God, the Holy Trinity. (CCC, #234)	D	D	M
1.4.2	Recognize that the Incarnation is the mystery of the union of true God true man. (CCC, #464-478)	I	D	D
1.4.3	Examine how the mystery of the Holy Spirit was revealed in the person, words, and works of Jesus Christ.	I	D	M
1.4.4	Describe creation, redemption, inspiration, and guidance as the work of the Holy Trinity. (CCC, #290-292)	I	D	M

Church

1.5.1	Define the Church as the People of God and the Body of Christ.	M		
1.5.2	Define Pentecost as the birth of the Church.	D	D	M
1.5.3	Identify how the Holy Spirit guides the Church. (CCC, #683-701; 737-741)	I	D	M
1.5.4	Describe the Church as one, holy, catholic, and apostolic.	D	D	D
1.5.5	Recognize that the Church exercises its teaching authority through the Magisterium.			I
1.5.6	Recognize that the beliefs of the Church are rooted in Scripture and Tradition.(CCC #80-82)	I	D	M
1.5.7	Describe how we follow the laws, (precepts) of the Catholic Church. (CCC, #2041-2043)	D	D	D
1.5.8	Recognize that the Church is the means through which God's plan is revealed for all humanity. (CCC, #758-760)	I	D	D
1.5.9	Describe Mary as the mother of the Church. (CCC, #963)	I	D	D
1.5.10	Recognize that there is a relationship between the Roman Catholic Church and other established religions.	I	D	D

Community

1.6.1	Recognize how God's people are called to continual reform and renewal.	I	D	D
1.6.2	Summarize how Catholics are involved in the life, mission, and work of the family, parish, and community through the Corporal and Spiritual Works of Mercy.	D	D	D

Creation

1.7.1	Explain how God has asked us to explore all the ways that we can care for the world.	D	D	M
1.7.2	Illustrate how we are thankful for the gifts that we have been given.	M		
1.7.3	Investigate how Catholic tradition calls us to share what we have with others.	I	D	M

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Middle School Grades 6-8 Content Checklist**

SACRAMENTS-GIFT

Essential Standard #2: Understand the Sacraments as the life-giving powers of Christ.	Gr. 6	Gr. 7	Gr. 8
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Sacrament

2.1.1	Explore how Sacraments are the center of the daily life of a Catholic Christian.	I	D	D
2.1.2	Recognize that Sacramental actions of the Church originated in Jewish rituals.	I	D	D
2.1.3	Understand Sacraments as the "power that comes forth" from Christ. (CCC, #116)	I	D	M
2.1.4	Define Sacraments as signs and symbols that make God's grace present to us.	I	D	M
2.1.5	Define the Sacraments of Initiation (Baptism, Confirmation, Eucharist) as those that give us new life, strengthen us, and nourish us as we are joined to the Christian community. (CCC, #1275)	I	D	M
2.1.6	Define the Sacraments of Healing (Reconciliation, Anointing of the Sick) as those that celebrate God's forgiveness and the renewal of the spiritual and physical life.	I	D	M
2.1.7	Define the Sacraments of Service (Matrimony, Holy Orders) as those directed towards the salvation of others as well as one's personal salvation. (CCC, #1534)	I	D	M
2.1.8	Explain the name Jesus to mean "God saves," and the title Christ to mean "Anointed One." (CCC, #430-440)	D	M	
2.1.9	Define the unfolding of the Paschal Mystery throughout the Liturgical Year.	I	D	M
2.1.10	Examine the Mass as the community's central act of worship including thanksgiving, remembrance, and communion.	D	D	D
2.1.11	Define grace as God's gift of His own life and presence to people. (CCC, #2023)	I	D	M

Baptism

2.2.1	Define Baptism as the beginning of the Christian experience of a call from God. (CCC, #1267-1269)	I	D	M
2.2.2	Explain that Baptism imprints a spiritual or indelible character on the Christian's soul so that no sin can erase the mark. (CCC, #1272)	I	D	M

Reconciliation

2.3.1	Recognize Reconciliation as a celebration of God's forgiveness that unites us with God and the Church.	I	D	M
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Eucharist

2.4.1	Recognize that we celebrate peace and unity as Jesus calls us to participate in the reign of God through the Eucharist.	I	D	M
2.4.2	Define the mystery of the Eucharist as the sacrifice of the body and blood of the Lord.	I	D	M

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Middle School Grades 6-8 Content Checklist**

SACRAMENTS-GIFT

Essential Standard #2: Understand the Sacraments as the life-giving powers of Christ.	Gr. 6	Gr. 7	Gr. 8
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Confirmation

2.5.1	Recognize that Confirmation, like Baptism, imprints a spiritual mark or indelible character on the Christian's soul; for this reason, one can receive this Sacrament only once in one's life. (CCC, #1317)	I	D	M
2.5.2	Identify the seven gifts of the Holy Spirit as wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord. (CCC, #1831)	I	D	M
2.5.3	Recognize that a candidate for Confirmation must be in the state of grace. (CCC, #1310)	I	D	D
2.5.4	Identify how the Sacrament of Confirmation prepares us to assume the role of disciple and witness to Christ. (CCC, #1319)	I	D	M

Anointing of the Sick

2.6.1	Explore how the Anointing of the Sick celebrates Christ's healing presence in our lives.	I	D	M
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**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Middle School Grades 6-8 Content Checklist**

SACRAMENTS CONTINUED

Gr.	Gr.	Gr.
6	7	8

Matrimony

2.7.1	Define Matrimony as a Sacrament when it is validly contracted between a baptized woman and man. (CCC, #1601)	I	D	M
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Holy Orders

2.8.1	Discuss the Sacrament of Holy Orders as one that the Church confers only on baptized men, whose suitability for the exercise of ministry has been duly recognized. (CCC, #1577-1579)	D	D	M
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Mass

2.9.1	Explain the seasons of the liturgical year. (CCC, #1163-1173)	D	M	
2.9.2	Explain how lay people assist the priest at Mass by performing particular ministries. (CCC, #1143-1144)	D	D	D

Discipleship

2.10.1	Identify the Church as a communion of saints, holy persons in communion with Christ who died for all. (CCC, #946-948)	I	D	D
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CHRISTIAN LIVING-LIFE

Essential Standard #3: Demonstrate principles of Christian living.

- * **Model faith in words and actions.**
- * **Make moral decisions consistent with Church teachings.**
- * **Examine vocation as God's call.**

Vocation

3.1.1	Identify Christian vocations including single, married, religious, or ordained life as God's call to discipleship.	D	D	M
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**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Middle School Grades 6-8 Content Checklist**

Gr. 6	Gr. 7	Gr. 8
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CHRISTIAN LIVING CONTINUED

Human Dignity

3.2.1	Identify that we are all children of God because of God's creation and covenants.	I	D	D
3.2.2	Recognize that human life is sacred and must be respected and protected from conception to natural death. (CCC, #2258-2301)	D	D	D
3.2.3	Examine people's individual and cultural differences as gifts from God that should be respected.	D	D	D
3.2.4	Examine how cultural diversity enriches our Church.	D	D	D
3.2.5	Define how our life and physical health are precious gifts entrusted to us by God. (CCC, #2288)	D	D	D

Human Interaction & Sexuality

3.3.1	Recognize that responsible relationships are based on love, honesty, and respect.	D	D	M
3.3.2	Identify skills such as listening, self-disclosure, and compromise as necessary for communication with others, being a friend, handling peer pressure, and specific problems.	I	D	D
3.3.3	Recognize that human sexuality is integral to one's personal identity.	I	D	D
3.3.4	Recognize that Catholic Christians have specific sexual moral values.	I	D	M
3.3.5	Identify how Jesus Christ, the model of chastity, calls every baptized person to lead a chaste life.	I	D	D
3.3.6	Explore how parents are responsible to educate their children in the right use of reason and freedom. (CCC, #2221-2231)	D	D	D
3.3.7	Recognize that we respect the human body as sacred life.	D	D	M

Moral Conscience

3.4.1	Recognize that Catholics make moral decisions based on Scripture, principles of Christian living and consistent with Church teachings.	I	D	D
3.4.2	Recognize that Christians are obliged to follow the moral law to do what is good and avoid what is evil. (CCC, #1700-1709)	I	D	D
3.4.3	Identify the basis of moral decision-making within the Catholic Christian context as conscience, sin, and reconciliation.	D	D	M
3.4.4	Identify the theological virtues as the foundation of Christian moral activity. (CCC, #1813)	D	D	D
3.4.5	Recognize that the human (cardinal) virtues (prudence, justice, fortitude, and temperance) give Christians the habit and firm disposition to do good. (CCC, #1805-1809; 1834-1838)		I	D
3.4.6	Recognize that Catholics identify two different types and degrees of sin. (CCC, #1854-1864)	D	D	D
3.4.7	List the capital sins of pride, envy, lust, gluttony, laziness, greed, and anger. (CCC, #1866)		I	D
3.4.8	Examine how purity of heart demands prayer, the practice of chastity, and purity of intention. (CCC, #2517-2533)	D	D	D
3.4.9	Recognize that Superstition, Divination, and Idolatry are practices that are contrary to our love of one God. (CCC, #2110-2117)	I	D	D

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
Middle School Grades 6-8 Content Checklist**

Gr. 6	Gr. 7	Gr. 8
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CHRISTIAN LIVING CONTINUED

Social Justice

3.5.1	Recognize that Scripture teaches us the importance of working for justice, peace, equality, and stewardship in our lives.	D	D	D
3.5.2	Identify how the Beatitudes challenge us to continual conversion in our personal and social lives.	D	D	M
3.5.3	Recognize that peace is the work of justice and the effect of charity. (CCC, #2304)	D	D	D
3.5.4	Explore how we are called to respond to injustice by showing charity and love to others as good stewards. (CCC, #1937)	D	D	M
3.5.5	Recognize that human work is a gift from God, created to provide service to the entire human community. (CCC, #2426-2436)	I	D	D

Community Service

3.6.1	Explore how service is an essential element of discipleship.	D	D	D
3.6.2	Identify ways that Jesus lived and taught us about living a life of love and service.	D	D	M
3.6.3	Model the Catholic faith in words and actions through the contribution of time, talent, and treasure.	D	D	D

PRAYER-RELATIONSHIP

Essential Standard #4: Know the meaning and importance of prayer in life.

Prayer

4.1.1	Identify how prayer provides a deepening awareness of our covenant relationship with God.	I	D	D
4.1.2	Examine how the Mass is the community's central act of worship.	I	D	D
4.1.3	Explore the meaning and importance of developing our relationship with God through personal prayer, reading of Scripture, the Sacraments and devotions.	D	D	M
4.1.4	Identify the Psalms as the masterwork of prayer in the Old Testament. (CCC, #2585-2589)	D	D	D
4.1.5	Recognize that diverse expressions of prayer (e.g. vocal, meditative, contemplative) create openness to God. (CCC, #2700-2724)	I	D	D
4.1.6	Identify the obstacles of prayer that attempt to move us away from a loving relationship with our Father. (CCC, #2725-2745)	I	D	D
4.1.7	Recognize that indulgences help the faithful obtain forgiveness for themselves and also for the souls in Purgatory. (CCC, #1498)	D	D	D
4.1.8	Examine how the Holy Spirit, dwelling within us, teaches us to pray. (CCC, #2650-2652; 2661; 2670-2672)	D	D	M
4.1.9	Identify the five basic forms of prayer: blessing, petition, intercession, thanksgiving, and praise. (CCC, #2626-2649)	I	D	D
4.1.10	Recognize that the Lord's Prayer summarizes the whole gospel and is the most perfect prayer. (CCC, #2759-2776)	D	D	D
4.1.11	Recognize that we express our faith and trust in the Lord just as Mary did when we pray to and with the Blessed Virgin Mary. (CCC, #2673-2679)	D	D	D
4.1.12	Identify that the saints share in the living tradition of prayer so we can and should ask them to intercede for us and for the whole world. (CCC, #2683; 2692)	D	D	M

Directions for Use of Content Checklist

Parents and catechists will find the Content Checklist helpful for quick identification of topics and levels of learning generally appropriate to different grade levels. Good lesson planning and following the goals and objectives of textbook series approved by the United States Conference of Catholic Bishops will assure that this curriculum is covered.

The Director of Religious Education may reproduce the Content Checklist and distribute it to all catechists.

The format for the Content Checklist is as follows:

16. Blank box to use as a check-off as content is covered
17. Numeric system that identifies the specific content statement
18. Content Statement
19. *Catechism of the Catholic Church* reference (CCC)
20. Level of catechist instruction:
Introduce (**I**), Develop (**D**), Master (**M**)

Introduce (**I**) To provide with a beginning knowledge or first experience

Develop (**D**) To progress from simple to more complex through practice

Master (**M**) To gain control over content in that it becomes a natural part of day to day living

Catechists may use this curriculum to assist in the preparation of lessons.

The checklist may also aid with assessment.

Grades 9-12 Religion Essential Standards

Standard #1: CREED [BELIEF]

Analyze and profess the Creed.

- Investigate and apply the teachings of the Church revealed in the Creed.
- Understand the key role that the paschal mystery (the life, death, and resurrection of Jesus Christ) plays in the redemption and salvation of the world.

Standard #2: SACRAMENTS [GIFT]

Analyze the Sacraments and apply them to life.

- Understand that God is active in our daily lives through the Sacraments.

Standard #3: CHRISTIAN LIVING [LIFE]

Live responsibly as fully initiated members of the Church.

- Integrate discipleship in our call to holiness.

Standard #4: PRAYER [RELATIONSHIP]

Commit to a deeper relationship with God.

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
High School Grades 9-12 Content Checklists**

CREED-BELIEF

Essential Standard #1: Analyze and profess the Creed. * Investigate and apply the teachings of the Church revealed in the Creed.	Gr. 9	Gr. 10	Gr. 11	Gr. 12
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**FAITH: Present an understanding of the human need for God based on
revelation and faith.**

1.1.1	Understand how human relationships bring fulfillment of life. (CCC, #27-35)				
1.1.2	Examine how God's covenant with humanity is progressive and occurs in stages.				
1.1.3	Examine our personal covenant with God. (CCC, #51-67)				
1.1.4	Recognize that Jesus is the fullness of God's revelation. (CCC, #51-53; 65-67)				
1.1.5	Explain the meaning of the phrase, "mystery of faith" in the Catholic tradition. (CCC, #142-184; 2558)				

SCRIPTURE: Read, understand, interpret and apply Scripture to life.

1.2.1	Define revelation as the sharing of God's existence and mystery of His divine plan. (CCC, #50-53)				
1.2.2	Identify the Bible as the story of God's revelation to people as well as the Church's role in the transmission of divine revelation. (CCC, #74-87; 131-133)				
1.2.3	Demonstrate and understand various methods of biblical interpretation. (CCC, #109-119, 128-130, 137)				
1.2.4	Apply ideas of Scripture to daily life.				

**DOCTRINE AND DOGMA: Illustrate basic understanding of Catholic
dogma and doctrine in light of the Creed.**

1.3.1	Recall and explain the articles (teachings) of the Apostles' Creed and the Nicene Creed. (CCC, #167; 185-197)				
1.3.2	Identify the key doctrines and dogma of the Catholic Tradition. (CCC, #88; 232-267)				
1.3.3	Explain dogma, doctrine, creed, tradition, and Magisterium. (CCC, #80-95; 888-892)				
1.3.4	Demonstrate how the Nicene Creed is essential for Christian living. (CCC, #142-184)				
1.3.5	Summarize and explain the main points of the Nicene Creed. (CCC, #142-184)				
1.3.6	Describe the correlation between personal faith (I believe) and ecclesial faith (we believe). (CCC, #142-143; 166-167)				
1.3.7	Explore the meaning of death and resurrection for the Christian believer. (CCC, #988-1019)				

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
High School Grades 9-12 Content Checklist**

Gr. 9	Gr. 10	Gr. 11	Gr. 12
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CREED CONTINUED

TRINITY: Recognize the mystery of one God in Three Persons (the Trinity).

1.4.1	Describe the understanding of the mystery of the Trinity as distinct persons of Father, Son, and Holy Spirit. (CCC, #232-267)				
1.4.2	Summarize the historical development of the doctrine of the Trinity. (CCC, #232-260)				
1.4.3	Explain the Catholic understanding of the necessity of the mystery of the Incarnation. CCC, #359; 456-463; 502-511)				
1.4.4	Explain the Paschal Mystery in relation to our understanding of redemption. CCC, #571-682; 1362-1372)				
1.4.5	Define the titles, symbols, and missions of the Holy Spirit. (CCC, #683-701; 731-747; 1108; 1112)				

CHURCH: Illustrate a basic understanding of Church.

1.5.1	Explain the names, images, and symbols used for "church". (CCC, #751-757)				
1.5.2	Recognize that the church is the means through which God's plan is revealed for all humanity. (CCC, #758-769)				
1.5.3	Define the church as the universal Sacrament of salvation for humanity. (CCC, #774-776)				
1.5.4	Explain the four marks of the Church. (CCC, #811-870)				
1.5.5	Recognize and explain the Catholic belief of Mary as Mother of God and Mother of the Church. (CCC, #484-511; 963-975)				
1.5.6	Explain the relationship of the Roman Catholic Church to other Christian churches and other faiths. (CCC, #817-822; 838; 1271)				
1.5.7	Recognize and explain that the teaching authority of the Church rests in the Magisterium. (CCC, #85-88; 890; 2033)				
1.5.8	Describe the precepts of the Church as directives for love of God and neighbor. (CCC, #2041-2043)				

COMMUNITY: Understand the Church as a community for sharing faith within and beyond itself.

1.6.1	Explain a Christian's involvement in the life, mission, and work of the Church, family, and community as a means of fulfillment of God's plan of salvation through the Corporal and Spiritual Works of Mercy. (CCC, #1877-1896; 1939-1948; 2201-2233)				
1.6.2	Explain the belief in the Communion of Saints. (CCC, #828; 946-959; 962; 1474-1477)				
1.6.3	Examine that the Church is a community of God's people called to continual reform and renewal. (CCC, #820-821; 827; 1428)				

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
High School Grades 9-12 Content Checklist**

Gr.	Gr.	Gr.	Gr.
9	10	11	12

CREED CONTINUED

CREATION: Exercise responsible stewardship for the gift of creation.

1.7.1	Explore the expressions of "God creator" and the Catholic understanding of the sacred origin of humanity. (CCC, #279-324)				
1.7.2	Examine the Catholic understanding of natural order of creation. (CCC, #325-354)				
1.7.3	Examine the Catholic understanding of "Sabbath." (CCC, #345-349; 2174-2195)				

SACRAMENTS-GIFT

<p>Essential Standard #2: Analyze the Sacraments and apply them to life. * Understand that God is active in our daily lives through the Sacraments.</p>
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SACRAMENTS: Understand and celebrate the importance of Sacraments, with an emphasis on the centrality of the Eucharist, in the life of Catholics.

2.1.1	Define the term "Sacrament" and explain how the Sacraments are "instituted" by Christ. (CCC, #1113-1134)				
2.1.2	Explore how Sacraments always involve signs and symbols - both word and matter - in their celebration. (CCC, #1145-1162)				
2.1.3	Analyze the Sacraments of Initiation as foundational to Christian life: include names of Sacraments, essential signs, effects, traditions, biblical basis and history of Sacraments. (CCC, #1210-1419)				
2.1.4	Analyze the Sacraments of Healing as a renewal in the Christian life: include names of Sacraments, essential signs, history, effects, traditions, and biblical basis for each. (CCC, #1420-1532)				
2.1.5	Analyze the Sacraments of Service as directed toward the salvation of others: include the names of Sacraments, essential signs, history, effects, traditions, and biblical basis for each. (CCC, #1533-1666)				
2.1.6	Analyze how God is active in our daily lives through the Sacraments.				
2.1.7	Acknowledge how the liturgical celebration of the Eucharist is thanksgiving, memorial, and Eucharistic presence of Christ. (CCC, #1356-1419)				
2.1.8	Examine liturgy and its importance in the life of the Catholic Church and the individual Catholic. (CCC, #1066-1112)				

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
High School Grades 9-12 Content Checklist**

SACRAMENTS CONTINUED

Gr.	Gr.	Gr.	Gr.
9	10	11	12

HUMAN INTERACTION AND SEXUALITY: Apply Catholic principles to human relationships.

3.3.1	Recognize the relationships between love of God, love of self, and love of others. (CCC, #850; 1822; 2055; 2069)				
3.3.2	Identify and apply Catholic principles to our understanding of eternal and temporal relationships. (CCC, #357; 362; 1700; 1879; 2284-2298)				
3.3.3	Explain the role of parents and family in interpersonal relations. (CCC, #2196-2257)				
3.3.4	Identify and fully understand the virtue of chastity. (CCC, #2337-2350)				
3.3.5	Understand how offenses against chastity and/or offenses against the dignity of marriage violate the teachings of the church in relation to our sexuality. (CCC, #2351-2359; 2380-2391)				
3.3.6	Recognize the image of God in self and others. (CCC, #2212)				
3.3.7	Understand and live our sexuality as a divine gift with the responsibility enabled by God's grace. (CCC, #2332-2390)				

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
High School Grades 9-12 Content Checklist**

CHRISTIAN LIVING CONTINUED

Gr. 9	Gr. 10	Gr. 11	Gr. 12
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MORAL CONSCIENCE: Develop a moral conscience informed by Church teachings.

3.4.1	Define a simple, moral lifestyle based on the Catholic Church teaching.				
3.4.2	Define the Catholic understanding of the morality of human actions. (CCC, #1749-1775)				
3.4.3	Describe the role of the Magisterium of the Church in the moral life of individuals. (CCC, #2032-2040)				
3.4.4	Describe the Catholic understanding of the natural moral law (CCC, #1954-1986)				
3.4.5	Define sin and differentiate between the various kinds of sin. (CCC, #1846-1876)				
3.4.6	Explain the Catholic understanding of justification, grace, and merit. (CCC, #1987-2029)				
3.4.7	Recognize that the reality of sin dictates the need for addressing the things that divide us from God. (CCC, #1730-1876)				
3.4.8	Explain how a well-formed conscience is developed in accord with reason and divine law. (CCC, #1776-1802)				
3.4.9	Describe the theological and human virtues and their role in conscience formation. (CCC, #1803-1845)				
3.4.10	Describe the struggles to maintain purity of heart. (CCC, #2517-2533)				
3.4.11	Describe how Superstition, Idolatry, Divination, Irreligion, Atheism, and Agnosticism are sins against the first commandment. (CCC, #2110-2141)				

SOCIAL JUSTICE: Know, critique, and apply social justice principles to personal and societal situations.

3.5.1	Define the Catholic understanding of authority, the common good, solidarity and the role of the human person. (CCC, #1905-1948; 2419-2442)				
3.5.2	Understand the responsibility to be stewards and to promote responsible stewardship. (CCC, #2401-2449; 2535-2547)				
3.5.3	Define the Catholic understanding of human work. (CCC, #2426-2436)				
3.5.4	Define the Church's teaching regarding peace as a work of justice and the effect of charity (e.g. the avoidance of war). (CCC, #1878-1885; 2302-2317)				

COMMUNITY SERVICE: Engage in service to the community (e.g. family, parish, local, national, and global) in response to the Gospel.

3.6.1	Articulate that service is an essential element of discipleship. (CCC, #1905-1917; 1939-1942)				
3.6.2	Explain the call of people to participate in society and the responsibilities of citizenship. (CCC, #1913-1917; 2234-2243)				
3.6.3	Recognize the Christian responsibility to share time, talent, and treasure. (CCC, #1716-1724; 1803-1841)				

**Archdiocese of Omaha Parish Based Catholic Faith Formation Curriculum
High School Grades 9-12 Content Checklist**

Gr.	Gr.	Gr.	Gr.
9	10	11	12

PRAYER-RELATIONSHIP

Essential Standard #4: Commit to a deeper relationship with God.

RELATIONSHIP: Recognize our dependence on God for our growth in faith and salvation. (CCC, #2566-2567)

4.1.1	Understand that the Holy Spirit is instrumental in prayer by providing the faithful with gifts of wisdom, faith and discernment. (CCC, #2657; 2670-2672)				
4.1.2	Recognize our call to join the Body of Christ. (CCC, #787-796; 1267; 2655)				
4.1.3	Understand that prayer is a gift from God and is our way to commit to a deeper relationship with Him. (CCC, #2558-2565)				
4.1.4	Describe the forms of prayer. (CCC, #2626-2649)				
4.1.5	Explain how the diverse expressions of prayer create an openness to God. (CCC, #2697-2724)				
4.1.6	Explain how through indulgences the faithful can obtain the remission of temporal punishment resulting from sin for themselves and also for the souls of Purgatory. (CCC, #1471-1498)				
4.1.7	Describe the spiritual battle of the Christian's life as inseparable from the battle of prayer. (CCC, #2725-2758)				
4.1.8	Explain how the Lord's Prayer is the summary of the whole gospel; how it is the integral part of the major hours of the Divine Office and of the Sacraments of Christian Initiation, and how integrated into the Eucharist, it reveals the eschatological character of its petitions. (CCC, #2759-2865)				
4.1.9	Explain how our prayer to and honor of the Blessed Mother inspires us to imitate her obedience to God's will. (CCC, #2673-2682)				
4.1.10	Describe how the Psalms are the masterwork of prayer in the Old Testament. (CCC, #2585-2589)				
4.1.11	Examine the Eucharist as the most visible expression of Church as community. (CCC, #1322; 1324; 1396)				

ESSENTIAL PRAYERS & PRACTICES
OPTIONAL PRAYERS & PRACTICES

Grades Pre K-Kdg	Grade 1	Grade 2	Grade 3
Sign of the Cross Glory Be Prayer The Lord's Prayer Hail Mary Meal Prayers Spontaneous Prayer OPTIONAL Guardian Angel Prayer Act of Contrition Reconciliation Liturgy of the Word Liturgy of the Eucharist	Sign of the Cross Glory Be Prayer The Lord's Prayer Hail Mary Meal Prayers Guardian Angel Prayer Act of Contrition Spontaneous Prayer OPTIONAL Reconciliation Liturgy of the Word Liturgy of the Eucharist First Communion	Sign of the Cross Glory Be Prayer The Lord's Prayer Hail Mary Meal Prayers Guardian Angel Prayer Act of Contrition Reconciliation Liturgy of the Word Liturgy of the Eucharist Spontaneous Prayer First Communion Apostles Creed Ten Commandments OPTIONAL Sacraments Devotions Nicene Creed Order of Mass Rosary/Mysteries Stations of the Cross	Sign of the Cross Glory Be Prayer The Lord's Prayer Hail Mary Meal Prayers Guardian Angel Prayer Act of Contrition Reconciliation Liturgy of the Word Liturgy of the Eucharist Spontaneous Prayer Communion Apostles Creed Ten Commandments Sacraments Nicene Creed Order of Mass OPTIONAL Rosary/Mysteries Stations of the Cross Benediction

ESSENTIAL PRAYERS & PRACTICES

OPTIONAL PRAYERS & PRACTICES

Grade 4	Grade 5	Grade 6
Sign of the Cross Glory Be Prayer The Lord's Prayer Hail Mary Meal Prayers Guardian Angel Prayer Act of Contrition Reconciliation Liturgy of the Word Liturgy of the Eucharist Communion Apostles Creed Ten Commandments Sacraments Nicene Creed Order of Mass Rosary/Mysteries Stations of the Cross Benediction Spontaneous Prayer	Sign of the Cross Glory Be Prayer The Lord's Prayer Hail Mary Meal Prayers Guardian Angel Prayer Act of Contrition Reconciliation Liturgy of the Word Liturgy of the Eucharist Communion Apostles Creed Ten Commandments Sacraments Nicene Creed Order of Mass Rosary/Mysteries Stations of the Cross Benediction Spontaneous Prayer	Sign of the Cross Glory Be Prayer The Lord's Prayer Hail Mary Meal Prayers Guardian Angel Prayer Act of Contrition Reconciliation Liturgy of the Word Liturgy of the Eucharist Communion Apostles Creed Ten Commandments Sacraments Nicene Creed Order of Mass Rosary/Mysteries Stations of the Cross Benediction Precepts of the Church Theological and Cardinal Virtues Spontaneous Prayer
OPTIONAL	OPTIONAL	OPTIONAL
Precepts of the Church Theological and Cardinal Virtues Act of Faith Act of Hope Act of Love Memorare Angelus Canticle of Mary Family Prayer Prayer of St. Francis Morning Prayer Evening Prayer New Commandment Canticle of Zechariah Canticle of Simeon Praying the Scriptures Meditate on the Scriptures Catholic forms of Meditative Prayer Novena	Precepts of the Church Theological and Cardinal Virtues Act of Faith Act of Hope Act of Love Memorare Angelus Canticle of Mary Family Prayer Prayer of St. Francis Morning Prayer Evening Prayer New Commandment Canticle of Zechariah Canticle of Simeon Praying the Scriptures Meditate on the Scriptures Catholic forms of Meditative Prayer Novena	OPTIONAL Act of Faith Act of Hope Act of Love Memorare Angelus Canticle of Mary Family Prayer Prayer of St. Francis Morning Prayer Evening Prayer New Commandment Canticle of Zechariah Canticle of Simeon Praying the Scriptures Meditate on the Scriptures Catholic forms of Meditative Prayer Novena

ESSENTIAL PRAYERS & PRACTICES
OPTIONAL PRAYERS & PRACTICES

Grade 7-8	Grade 9-12
Sign of the Cross Glory Be Prayer The Lord's Prayer Hail Mary Meal Prayers Guardian Angel Prayer Act of Contrition Reconciliation Liturgy of the Word Liturgy of the Eucharist Communion Apostles Creed Ten Commandments Sacraments Nicene Creed Order of Mass Rosary/Mysteries Stations of the Cross Benediction Precepts of the Church Theological and Cardinal Virtues Memorare Spontaneous Prayer Catholic forms of Meditative Prayer	Sign of the Cross Glory Be Prayer The Lord's Prayer Hail Mary Meal Prayers Guardian Angel Prayer Act of Contrition Reconciliation Liturgy of the Word Liturgy of the Eucharist Communion Apostles Creed Ten Commandments Sacraments Nicene Creed Order of Mass Rosary/Mysteries Stations of the Cross Benediction Precepts of the Church Theological and Cardinal Virtues Memorare Spontaneous Prayer Catholic forms of Meditative Prayer
<p>OPTIONAL</p> Act of Faith Act of Hope Act of Love Memorare Angelus Canticle of Mary Family Prayer Prayer of St. Francis Morning Prayer Evening Prayer New Commandment Canticle of Zechariah Canticle of Simeon Praying the Scriptures Meditate on the Scriptures Novena	<p>OPTIONAL</p> Act of Faith Act of Hope Act of Love Memorare Angelus Canticle of Mary Family Prayer Prayer of St. Francis Morning Prayer Evening Prayer New Commandment Canticle of Zechariah Canticle of Simeon Praying the Scriptures Meditate on the Scriptures Chaplet of Divine Mercy Liturgy of the Hours Novena

Approved Texts for the Omaha Archdiocese

The Archdiocese of Omaha has endorsed for use those texts that have been found to be in conformity with the *Catechism of the Catholic Church* and approved by the United States Conference of Catholic Bishops.

For a current listing of authorized texts, go to:

www.usccb.org/catechism/document/Currentlist.pdf